



I, \_\_\_\_\_ hereby enroll in Squam Community Rowing. Recognizing that this is a community activity, which includes all scheduled, unscheduled, supervised, unsupervised activities, as well as the use of the club equipment, including rowing shells, oars, launches, motors, equipment, trailers, boat racks, docks, and ramps, etc. I understand the nature of Rowing Activities involve risks and danger for serious bodily injury, permanent disability, paralysis and death including drowning. Activities take place on both water and land and I hereby assume all such risks, known and unknown, and release Squam Community Rowing and their agents from liability for any injury or harm which may result from or be related to my participation in rowing and associated activities. I will inspect equipment before using it and take full responsibility for assuring that the equipment is in good working order and safe to use. If I observe any condition that I consider to be unacceptably hazardous or dangerous, I will notify the authority in charge of the activity and will refuse to take part in the activity until the condition has been corrected to my satisfaction. I understand that I am responsible for damage to club equipment not otherwise caused by normal wear and tear.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

#### PARTICIPANT SWIMMING ABILITY CERTIFICATION

This is to certify that \_\_\_\_\_  
(a Participant in Squam Community Rowing) is qualified, in good health and in proper physical condition to participate in rowing activities. I have the ability to perform the following measures of swimming competence:  
(Please check EACH below)

- \_\_\_\_\_ Swim 200 yards
- \_\_\_\_\_ Tread water for 5 minutes

Signature: \_\_\_\_\_

Date: \_\_\_\_\_